

Devilled Lamb cutlets



Feeds: 2

Time to cook: Approximately 15 minutes

Take...

Lean lamb cutlets or chops
English mustard
Worcestershire sauce
Cayenne pepper
Lemon juice
Tomato ketchup

Make...

- 1 Cook **4 lean lamb cutlets** or **chops** under a preheated grill for 6-8 minutes per side. Meanwhile make up the **devilled mixture**: in a bowl mix together **10ml(2tsp) English mustard, 10ml(2tsp) Worcestershire sauce, pinch cayenne pepper, 5ml(1tsp) lemon juice** and **30ml(2tbsp) tomato ketchup**.
- 2 Brush each side of the **chops** with the **devilled mixture** a couple of times during the last 2-3 minutes of cooking time.

Eat...

Serve with grilled peppers and a potato and spring onion salad.